

## Heart Foundation Tick Nutrition Criteria

**These criteria are to be used as guidelines only.** The Heart Foundation will assess each food submitted on an individual basis, and will regularly review these guidelines.

**Please note these criteria are periodically reviewed and are subject to change. It is your responsibility to ensure you have the most up to date guidelines.**

These criteria are current as at 8 September 2010

Category	Examples	Criteria
Meat – plain . .	Products that are presented as plain, unprocessed meat to the consumer, whether fresh or frozen, vacuum packed, chopped, sliced, diced, shaped into patties etc.  Beef, veal, lamb, mutton, pork, rabbit, kangaroo	<b>Visually lean</b> – trimmed of all visible fat; <b>Saturated fat:</b> 4g/100g or less. Nothing added

*Please note that all rights in the Guidelines for Tick Approval (including copyright) are owned by the National Heart Foundation of Australia. The Tick Guidelines (and related documentation) should not be distributed to any third party or used other than for the purposes of assessing a product for potential Tick approval.*



## Tick Laboratory Guidelines

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### Laboratory Sample Submission Form

A completed sample submission form must be submitted with each product to be tested. Please note we request products from three different production batches are tested to ensure a representative result. Please refer to the guidelines for product testing below for further details.

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### Tick Food Category

Please complete the 'Tick Food Category' in the product details section. This information should have been provided to you as part of the Tick nutrition criteria sent to you following your initial query to join the Tick Programme.

Unless stated otherwise, AsureQuality will test for all nutrients in the relevant category; and will use the new criteria when available.

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### Guidelines for Product Testing

#### **Production batch:**

It is important that the analysis is carried out on the products as purchased by the consumer. If the product is in production, please send one retail package from three different batch numbers for each product variant being tested. To allow for production variances and to obtain a representative analysis, analysis will be performed on a composite of these samples.

#### **Trial batch:**

If a product is a new development and not yet in production, please send three trial production samples for analysis. Please ensure these samples represent the expected production variance as accurately as possible. A further analysis must be performed on the final product once it has gone to production to ensure compliance with the Tick nutrition standards. Again, please send one sample from three different production batches. Analysis on the composite of the three production samples will then be performed. Please forward the analysis report to the Tick programme once received.

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### Sample Transport

It is essential that samples reach the laboratory in good condition. Perishable products should be freighted in a chilled container.

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### Analytical Results

If the preferred laboratory is used, results of analysis will be reported to both the applicant and to the Heart Foundation within ten (10) working days of receipt of the sample. If any other laboratory is used, the applicant will need to send the results to the Heart Foundation upon receipt.

Please note all Tick specific nutrients must show compliance with Tick Guidelines on one analysis. We are unable to approve analyses that require results accumulated from more than one report.

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### Additional Analyses

Additional analyses, for other nutrients to be included in the nutrition information panel, may be performed on the submitted samples.

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### Confidentiality

All product information supplied will be kept in strict confidence by the laboratory, and the Heart Foundation.

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### Further Information and Special Requirements

Please contact the laboratory for advice on packaging, transport, delivery times, or further analysis requirements. Contact details can be found on the Lab Submission Form.

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### Fee Payment

The food company acknowledges that it is responsible for the payment of analysis/es of their product/s to enter the Tick Programme. Payment for the analysis does not guarantee approval

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## Laboratory Sample Submission Form

Instructions for client	Instructions for laboratory
Please forward completed form <u>and</u> food sample to:	A copy of the results should be forwarded to:
<i>Sample Reception</i> <b>AsureQuality</b> 131 Boundary Road, Auckland Free Phone: 0508 00 11 22 Ph: 09 626 8200 Fax: 09 626 8282	Rhodi Bulloch <i>Tick Nutrition Manager</i> <b>Heart Foundation Tick Programme</b> Email: <a href="mailto:rhodib@nhf.org.nz">rhodib@nhf.org.nz</a> Ph: 09 571 9177 Fax: 09 571 9190
<b>For other NZ locations visit:</b> <a href="http://www.asurequality.co.nz">www.asurequality.co.nz</a>	

- A separate form is required for each product. Photocopies are acceptable.
- Results will be sent both to the applicant and to the Heart Foundation.
- **AsureQuality provide a *special discount of 12.5%* for all Tick Programme testing**

COMPANY DETAILS	
Company Name:	
Postal Address:	
Suburb:	
Postcode:	
Street Address:	
Suburb:	
Postcode:	
Contact Name:	
Job Title:	
Telephone:	
Facsimile:	
E-mail:	
PRODUCT DETAILS	
Product Name:	
Product Brand:	
Product Description:	
Average Serving Size:	
Tick Food Category:	
Place of Manufacture:	

*Unless stated otherwise, the laboratory will test for Tick specific nutrients in the relevant food category and will use the new Tick nutrition criteria when available.*



**For Savoury Pies and Ready Meals categories only:**

The *Savoury Pie* or *Ready Meal – Other* categories have an option regarding fibre testing. Please refer to the Tick criteria for further details.  
Please tick if you require a fibre analysis for your Savoury Pie or Ready Meal product

**IMPORTANT Note to Laboratory:**

**For all other Tick categories where fibre is stated as a mandatory Tick criterion (see specs), always test for fibre.**

As there will be slight variation between production batches and to obtain a representative analysis, three retail packages from three different batches are required. Analysis will be performed on a composite of these samples.

Sample No.	Production Date	Batch No	Use By Date	Other
1				
2				
3				

**Despatch Details:**

<b>Packaging:</b> (chill storage etc)	
<b>Date of Despatch:</b>	
<b>Mode of Despatch:</b>	
<b>Courier Service Name:</b>	

- We acknowledge that the submitted product/s are being analysed as part of the approval process for the Heart Foundation Tick Programme.
- We agree to provide the Foundation with a copy of the analysis to enable them to assess the suitability of the product/s as meeting the Heart Foundation Guidelines for Tick Approval.
- We acknowledge that approval of the product/s is at the sole discretion of the Heart Foundation.
- We acknowledge that we, as the applicant, are responsible for the payment of the analysis for our product/s to enter the Tick Programme. Payment of the analysis does not guarantee approval.

**Signature for and on behalf of:**

<b>Company:</b>			
<b>Name:</b>		<b>Title:</b>	
<b>Signature:</b>		<b>Date:</b>	